



Executive Member for Health & Wellbeing  
27 October 2015

Decision to be taken on or after  
4 November 2015

Ward: Various

Key Decision: Yes / No

## Adur Competitive Community Grants Budget 2015/16 – Round 2

### Report by the Director for Communities

#### 1.0 Summary

1.1 This report requests the Executive Member to consider the allocation of the 2015/16 grants budget in the second round of applications. Twelve applications were received before the closing date of 21 September 2015. The applications total **£59,879** and the amount in the grants budget is **£66,549.80**.

#### 2.0 Background

2.1 There is no legal obligation on the Council to provide financial or other assistance to voluntary and community groups. The Council currently provides grants to voluntary groups in two ways: through ongoing contracts and Service and Funding Agreements with a number of key providers, and through a small grants programme which is subject to applications made on the application form **see Appendix 1**.

2.2 The Council also supports voluntary groups through the granting of discretionary rate relief and subsidised rents. However, the recommendations in this report do not apply to these forms of support.

2.3 In the first round of the 2015/16 grants due to a shortage of applications it was decided to defer these to the next round.

2.4 The twelve applications received in the second round of 2015/16 grants will be scored against the criteria set out on the application form – see copy of scoring criteria in **Appendix 2**.

### **3.0 Proposals**

A summary of each of the eleven applications can be seen below.

#### **3.1 Creative Future – Creative Recovery Workshops**

Creative Future enables marginalised and excluded people to harness their creativity in order to:

- Overcome isolation and social exclusion
- Enable creative expression for therapeutic purposes and reintegration into society, employment and fruitful lives
- Enable personal and professional development
- Transform self-perception from 'people with problems' to 'people with potential'.

Creative Future is requesting funding of **£4,236** to provide 20 arts/creative expression workshops. Each session will:

- Introduce different techniques (e.g. sketching, printing, photography, sculpture), try them out and produce artwork
- Learning to think about the world creatively
- Learning and practising expressive methods
- Enabling creativity to lighten mood, express blocked feelings, and access a state of 'creative flow' to calm the mind and get time out from the difficult thoughts/feelings people with mental health problems experience.

Sessions will be run in Lancing & Sompting and Southwick.

Participants will also be actively encouraged to take up follow on opportunities.

Based on previous outcomes and a recent independently conducted Impact Evaluation, it is expected that participants will report:

- Reduced isolation
- Improved wellbeing and mental health
- Learn new skills
- Improved recovery and integration
- Improved confidence and sense of control
- Increased ability to take control of their mental health

It is also expected that participants will be assisted to exhibit/publish their work, take up further training, volunteering, mentoring or employment.

### 3.2 Cruse Bereavement Care – West Sussex Area

Cruse West Sussex Area requests funding of **£3,500** to contribute to the running of its core bereavement support services serving bereaved people living in the Adur District.

These include:

- One-to-One Bereavement Support at the client's home
- Access to bereavement support via telephone and email helplines
- Specially trained bereavement volunteers to support children and young people
- Opportunities to meet socially at Friendship Groups
- Access to a Drop In service for all ages
- Longer term support for those caught up in complex situations
- Information and leaflets for adults, children and young people
- Trained Bereavement Volunteer based at the Lancing Village Action Shop dedicated to providing information to bereaved people on a Drop-In basis.
- Training opportunities for volunteers wishing to support the bereaved and for professionals working in the health and social services sectors
- Funds are also sought this year for the set up and running of Bereavement Support Group in Shoreham-by-Sea based at the Old School House.

Cruse Bereavement Care exists to promote the wellbeing of bereaved adults, children and young people and to enhance our society's care of those who have been bereaved. Cruse offers somewhere to turn when someone dies and you need someone to talk to outside your own family.

Cruse West Sussex Area will support any Adur resident, adult, child or young person, who has been bereaved provided it is considered appropriate by our assessment team. Help is offered to people from all sections of the community regardless of age, gender, religion, ethnicity or the circumstances under which they have suffered their loss.

Our service is largely preventative in nature helping people at a very vulnerable time to feel less isolated and to build their resilience limiting the mental and physical health issues which so often escalate after a major bereavement.

### **3.3 Guild Care – Money & Energy Advice**

This scheme will identify people at risk, living in the Adur district and provide a free, confidential single point of contact and tailored solutions to tackle excess winter deaths via income maximisation, energy switching advice, advice on reducing heating costs through simple measures (such as thermostat controls), fitting of small measures (such as draft proofing and radiator reflectors), advice on reducing mould; identifying those eligible for grants for improvement measures, referral as appropriate.

This is not an exhaustive list; the solutions will need to be tailored to the individual.

Funding of **£9,935** has been requested. The funding will allow us to fund a dedicated service to Adur residents.

This service will work alongside the Prevention Link Worker (Worthing and Adur) and existing Money/Energy Advisor roles (currently mainly supporting Worthing residents) delivered by Guild Care and will enable additional opportunity to identify people at risk of living in cold homes or with financial issues that prevent them from heating their homes appropriately.

We will combine the publicity monies included in this bid with existing budget from another project to specifically target Adur with a Winter Warmth awareness campaign. We want to raise awareness of the issue and of this new service available to support local residents and therefore reach people who have not been previously reached.

Guild Care currently provides this service within Worthing funded by a charitable grant but does not currently have funding to extend the service into Adur at this time (funding applications are pending but will not be in place until at least April, depending on outcome of applications).

### **3.4 Shaun Brown Boxing**

The Shaun Brown boxing club serves the Adur Community and is based in Lancing. They operate four nights a week and currently offer daytime sessions to specialised groups. The club works with young people and adults aged 6 – 65 years. They have a range of different sessions to serve this diverse age range, this includes a junior boxing club from 6 – 14 years, senior club for ages 14+ as well as a young women's group. They also work with the

Youth offending team, LifetrainUK, which specialises in working with looked after young people and fostered young people in the local area. The club actively promotes boxing to young people with disabilities and offer sessions working with Downs Syndrome young men. In order to ensure that as many people as possible have access to this provision the club charges fees on a session by session basis. This covers the rent, however, does put a strain on our equipment which is getting extremely worn through.

Funding of **£4,500** is being requested for new punch bags, a new floor for the boxing ring, pads and gloves. The club would also like to offer some additional taster sessions for young people who come from less fortunate backgrounds and are unable to meet the fees. The club currently supports a number of young people in that situation. All staff involved in the projects are volunteers who give up their own time, energy and expertise.

### **3.5 The Shoreham Centre**

Adur District Council is extending the Shoreham Centre to move their Civic presence to Pond Road, Shoreham. The extensive building work has meant that areas of the Centre have been closed and created upheaval and dirt in those remaining open. This has resulted in a substantial loss of income for the Community Association and also the loss of some former users of the Centre who have found alternative venues for their activities. Although the building has been improved in many ways – new windows, better kitchen for the Association's café and some redecoration – the loss of hirers means that we must improve our offer to attract new business.

A major requirement to improve the Association's offer to both old and new hirers is to improve the very old and damaged furniture in the hiring rooms. The present tables and chairs are very old, damaged and don't match so they are not suitable for many activities.

The centre has been fortunate to have a sponsor who will supply new chairs to the value of £5,000 but it needs new tables and some 'chair trollies' to enable safe movement between different areas. At the present time the chairs have to be moved a couple at a time from various rooms to the hall depending on the events taking place.

The centre has investigated the cost of the tables and trollies and have identified a good deal from a highly recommended reputable company.

Funding of **£5,000** is being requested for the purchase of new tables and a chair trolley.

When the building work has been completed Shoreham Community Association will be concentrating on getting back the lost hirers of the space and attracting new organisations to use the Centre as a vital hub in the centre of Shoreham. The new furniture is essential to raise the standard of the rooms for hire and will compare favourably with the standards of the areas occupied by ADC and also be able to compete for different events with other organisations in Adur.

### **3.6 Shoreham Foodbank**

Shoreham FoodBank comprises the churches of Shoreham. Southwick and Fishersgate working together to provide 3 days of emergency food for local people in a food crisis situation.

#### **Shoreham Foodbank red vouchers**

To receive food the client needs a red foodbank voucher. These vouchers are available from statutory and voluntary organisations such as Doctors and Medical Centres; Adur Health Visiting Team; Social Workers from Glebelands, Middle Road, Shoreham; Citizens Advice Bureau in the Adur Civic Centre and some Housing Associations and Welfare Staff at Shoreham and Southwick Schools etc.

#### **Clients receive emergency food**

The food voucher is taken to the Shoreham FoodBank Distribution Centre in the St John Ambulance building, off Ham Road, up the alleyway, to the west of Shoreham Police Station, where it can be exchanged for three days' supply of emergency food.

The Shoreham FoodBank Distribution Centre is open from 4pm until 6pm every Friday afternoon.

Funding of **£700.00** is being requested to enable Shoreham Foodbank to provide for the following items:

- Small tables
- Mugs/plates and table decorations
- First Aid Training
- PRS/PPL Licences
- Stationery: red printing paper for SFB Food Vouchers and printer ink

- Shoreham FoodBank tee shirts printed for the Collection, Warehouse and Distribution Centre Teams.
- Visitors Book for fire evacuation roll call

### **3.7 Friends of Shoreham Fort**

Funding of **£10,000** is required to create a World War One memorial trench. The trench system will provide a lasting memorial to those lost in WWI and it will create a unique educational experience of living history.

This experience will be designed to include wheelchair users and young children. The trench system will have a 50' trench system with a gun emplacement area which is also the wheelchair turning circle and another 30' system of trench which will be built to the original design.

All manual labour will be Shoreham Fort Volunteer's donated hours. All costs have been calculated using online figures, it is hoped that local businesses/builders merchants will be able to offer bulk price discounts.

The current location of the trench is being determined. There are two potential sites in the area around the fort. The Fort is a scheduled ancient monument and liaison with the Council and Historic England will be required to ensure the location is suitable.

Should the trench be undeliverable, the monies will be used on hosting the annual events that the Friends hold (such as the Military History Weekend) or for ongoing maintenance of the Fort itself which is a significant drain on resources.

### **3.8 Shoreham Slipways Group**

Shoreham Slipways Group are a single purpose group formed in order to construct a new public slipway and associated car and trailer parking on the River Adur in Shoreham. It essentially replaces the slipways and hards which have been lost or rendered useless because parking was removed. The plan includes provision of satisfactory on-going management of the facility.

West Sussex County Council have produced a study which considered the project in detail. The main milestones and costs are shown below. It is important to get early funding in order to conduct preliminary design work pre-tendering. It is also important to assemble £24K of committed funding in order to apply for a significant Veolia landfill grant.

Funding of **£5,000** is being requested towards the costs of the project.

| Project parts:  | £ amount        |
|---|-----------------|
| Assuming that the EA include the slipway in the tendering process for the Tidal Walls Scheme, then the project costs break down as follows: |                 |
| Design and Tender documentation   | 6200            |
| Contribution towards mobilization costs   | 3474            |
| Materials and activities  | 52230           |
| Labour  | 20588           |
| Site investigation  | 2000            |
| Contingency (WSCC recommended figure of 40%)  | 33797           |
| <b>Total</b>  | <b>£118,288</b> |

### 3.9 Sompting Road Neighbourhood Watch

The Sompting Road NHW group is looking for funding of **£5,000** to regenerate a small green space along Sompting Road and transform it into a welcoming and safe space for everyone, especially local young people to enjoy.

At the moment the space is overgrown and subject to fly-tipping. It not only looks unsightly, but also currently serves no function, at a point in time when the young people along Sompting Road have very few places to call their own and resort to hanging out on the street, causing concern to residents and passers-by. The space is alongside the railway line and overlooked by the platform, the approach to ASDA, and the road. It has a street light above it, so does not form a dark, secluded pocket.

Sompting Road NHW want to work with the young people who live on Sompting Road to create a space that they design (and build) so that they have a real sense of ownership around it and feel more embedded and valued in our local community. Their brief would simply be that it needs to be inclusive and welcoming to everyone, from all walks of life and free for them to use.



The members of the NHW group have a varied set of skills including design, project management, coordination, working with young people, gardening and art. The NHW group is therefore able to manage the entire project and ensure its success.

In terms of project breakdown, the group anticipates the following activities:

- Design workshops with the local young people
- Site clearance
- Minor landscaping works
- Purchase of benches/ bins as required
- Creation days with the young people, depending on their vision for the space (planters, artwork, planting, etc...)

### **3.10 Southwick Rangers Football Club**

Southwick Rangers are requesting funding of **£2,008** to purchase;

- 2 Nike kits for 2 squads to have the same home kit as the rest of the club so our local community club can have an identity.
- Samba goals for our u7s and u8s for match days
- Pop up goals so coaches can do more training especially with the younger players
- Rebounders so children can have more control on the ball and quicker reflexes

The 2 kits will ensure the U9's and U13's age groups have a brand new kit (30+ children). The whole club (150 youth) will benefit from the pop up goals and rebounders and the U7 and U8's will benefit from the samba goals (30 children).

### **3.11 Tiddlers Play and Stay at the New Lighthouse Christian Community**

Funding of **£5,000** is kindly requested to help start a new weekly activity in Fishersgate for preschool children and their carer's.

The Play and Stay weekly activity will provide a safe place for babies, toddlers and preschool children to meet and play together, supported by their parents or carers.

The Play and Stay will provide a meeting point for parents and carers within the local community to come together to share and discuss amongst themselves providing connections and support within the community.

The Play and Stay will be staffed by volunteers and the aim will be to recruit and train volunteers from the local communities to help with the weekly running of the activity.

Fully trained and experienced professional child care workers will be overall responsible for managing and running the activity and will be present each week to assist with the running and to provide support and advice to the adults on matters relating to their young children.

A Play and Stay was previously active in the building and this was well supported by local residents however with the demise of the church running the activity it was forced to close. We have been in contact with local residents and this activity has been requested by a number of them.

### **3.12 West Beach Residents Association - West Beach Lancing Community Garden.**

Here at West Beach we have many elderly and disabled residents some who rarely leave the estate. Once a year we hold a summer garden party for the over 70s. In a residents garden. For the last 2 years it has been suggested it would be nice to have a community space where residents could meet and have a chat.

Raised beds seem to be the answer (Maybe a bit of seeding / weeding). Lots of gardening advice! I'm sure. We have a small area that makes all this possible. It is in a very sorry state right now but with raised beds and some lovely flowers and shrubs, seating and solar lighting. Maybe an arch as one resident suggested. It could be made into a very pleasant community garden.

Funding of **£5,000** has been requested.

The space is en route to our local 700 bus stop, consequently it is used by many residents. Elderly, disabled, wheelchair users, mums with buggies and children on the way to school. Although West Beach Lancing is a somewhat underprivileged area we have a good community spirit of which we are constantly working to improve.

2015 has seen quite a few deaths at West Beach, including an elderly neighbour Joan, who would of been 100 next month. How lovely it would be to plant a rose bush or just lay flowers in her memory, she had no family, and the residents were her family as is often the case.

## **4.0 Legal**

- 4.1 Section 2 of the Local Government Act, 2000 allows a Council to do anything which they consider is likely to achieve the promotion or improvement of the economic, social or environmental well-being of its area. This includes the giving of grants.

Part 1 Local government Act 2000, this provides power to promote the environmental wellbeing of the area.

## **5.0 Financial implications**

- 5.1 There will be approximately **£6,670.80** remaining in this grants pot following the allocation of these grants, if all the applications are agreed by the Executive member

## **6.0 Recommendation**

- 6.1.1 It is recommended that the Executive Member makes decisions concerning the allocation of the 2015/16 Adur Community Grants budget in line with the suggested scoring criteria.

### **Local Government Act 1972**

#### **Background Papers:**

None

#### **Contact Officer:**

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Communities Team Support Officer  
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## **Schedule of Other Matters**

### **1.0 Council Priority**

- 1.1 Work more closely with and commission our communities, the voluntary sector, public organisations, business and commercial sectors to develop and deliver services

### **2.0 Specific Action Plans**

- 2.1 Develop ways in which the Councils can commission the Community and Voluntary sector to deliver services.

### **3.0 Sustainability Issues**

- 3.1 Matter considered and no issues identified

### **4.0 Equality Issues**

- 4.1 Scoring criteria include: 'targeting inequalities and deprivation' and 'target local neighbourhood improvement areas'

### **5.0 Community Safety Issues (Section 17)**

- 5.1 Matter considered and no issues identified

### **6.0 Human Rights Issues**

- 6.1 Matter considered and no issues identified

### **7.0 Reputation**

- 7.1 Supporting the voluntary sector locally enhances the Council's reputation

### **8.0 Consultations**

- 8.1 Matter considered and no issues identified

### **9.0 Risk Assessment**

- 9.1 Matter considered and no issues identified

## **10.0 Health & Safety Issues**

10.1 Matter considered and no issues identified

## **11.0 Procurement Strategy**

11.1 Matter considered and no issues identified

## **12.0 Partnership Working**

12.1 Partnership working with the voluntary and community sector.